

## Mountain Biking Challenge

Date: 21 May 2011, Saturday
ENTRY FEE: R15.00 Registration 12h00

Race start times: 15km - 14h00

10km - 14h15 6km - 14h30

Surname First Name Postal Address		/h)
Tel (w)		(h)
Cellphone		Medical Aid Name
Email		Medical Aid No
ID No		Emergency Contact Name
		Emergency Contact No
		Blood Group
PLEASE TICK THE CATEGORY IN WHICH YOU ARE RIDING  15km 10km 6km		
INDEMNITY and WAIVER: I undertake to participate in the above event entirely at my own risk. I confirm that I am familiar with the rules and regulations of entry. I agree that I shall have no claim whatsoever against the organisers, officials, marshalls, helpers, sponsors, or any local authority or any landowner or the employees or servants of any of the above parties for any loss, damage or injury whatsoever which I may suffer as a result of my participation in this event, including my arrival thereat and departure therefrom and any ceremonies or functions thereof. In the event of my signing this form as a guardian of a minor, I hereby consent to such minor being bound by the waiver including to the extent to which he/she is not capable of waiving his/her rights as stipulated above.		
Participant		Parent/Guardian (if under 18)
OFFICIA	L USE	
Paid Amo		gistration No:
Colour C	ode: Offi	cial's Signature:

## **Rules & Regulations**

## Conditions of entry:

- 1. There are no refunds.
- The MTB Challenge will take place regardless of bad weather and will only be cancelled, re-routed or stopped for reasons of safety.
- 3. All photographic or video material of participants made by the organisers or their assignees during any activity deemed to be part of the Pecan Valley Farm Family Adventure Day and other official Pecan Valley Farm activities, shall be free for use by the organisers in any matter relating to the Family Adventure Day and Pecan Valley Farm activities at any time in the present or future.

## Rules:

- 1. NO HELMET, NO RIDE.
- Upon registration, every rider will be given a registration number. Every rider must pin their registration number on their tops, and upon completion of the ride, the rider must hand their number back to the official/s at the registration table at the end of the ride.
- Every rider shall ride carefully and with due regard to the safety of other cyclists and other trail users.
- Every rider shall wear a bicycle helmet with the strap securely fastened under his/her chin for the duration of the ride.
- An upper body garment must be worn during the ride.
- 6. A compulsory pre-race briefing will be conducted 15 minutes prior to the start of the event where any additional instructions will be given.
- Keep left and pass right. Obstructing, blocking and physical contact is not permitted. Failure to obey this rule will result in disqualification.
- Every rider shall immediately comply with the instructions of a marshall and/or a traffic officer.
- 9. Every rider shall provide information requested by any marshall immediately.
- Every rider shall identify him/herself and give his/her address on request to a marshall or any other rider requesting such information after a collision/race incident.
- A rider shall not use foul or offensive language to his/her fellow riders or to any marshall.
- 12. A rider shall not dispose of any litter along the course.
- 13. A rider may not start or attempt to start before his/her designated start.
- 14. A rider shall provide reasonable assistance to any other rider involved in an accident while participating in the MTB Challenge.
- 15. A rider shall be responsible to other riders for the proper control of his/her bicycle.
- 16. Pecan Valley Farm, it's trustees, organisers and their employees, volunteers and assistants shall not be liable to any rider or other person claiming on behalf of a rider for damage to property, personal injury or death caused before, during or after the MTB Challenge, whether such damage to property, personal injury or death was caused by the negligence or gross negligence of Pecan Valley Farm, trustees, organisers and/or their employees, volunteers and assistants and shall not be liable for any claim for contribution or indemnification in this regard.
- A rider may not participate whilst under the influence of alcohol or any drug or medication that prevents or might prevent a rider from properly controlling his/her bicycle.
- 18. It is the responsibility of the rider to know the route.

All entry forms and fees to be handed in on the day of the event at the allocated registration table. Enquiries: Daye 083 440 7291